



DISABILITY SPORT
& RECREATION



Annual Report

July 2020 - June 2021





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Cover and outside image: Joep Buijs, and inside cover image: Adam McKay

Our history



ParaVics Sports Club

In 1962, the ParaVics Sports Club was formed to help a group of eight athletes with disability compete in national and international sporting competitions. We are proud to be the birthplace of the Victorian Paralympic movement, with our founders Kevin Coombs OAM and Bruno Moretti.

The organisation grew from the grassroots actions of a small group of athletes who were united by the ambition to compete in paraplegic sporting events at an international level.

The group challenged preconceptions and dispelled societal prejudices toward disability in order to achieve this. The organisation demonstrated the potential for a united group of determined individuals to effect lasting social change.

Wheelchair Sports Victoria

The Club transitioned to Wheelchair Sports Victoria (WSV), where it became the leading provider of sport and recreation for people with physical disability. At this stage, the majority of WSV members were Victorians with spinal cord injury, lower limb amputees, spina bifida, cerebral palsy and other physical conditions affecting mobility.

WSV was the governing body for a range of disability sports including basketball, athletics, swimming, rugby, tennis, hand cycling, lawn bowls and shooting.

In 2010 we made a strategic decision to renew our focus and expand our support to include all types of disability, as well as include recreation to cover all types of physical activity. WSV was rebranded as Disability Sport & Recreation (DSR), as we are known today.

Disability Sport & Recreation

With this change in direction, we encouraged state sporting associations (SSA) to take ownership of inclusive sports and recreation activities in their community of interest.

This allowed us to take on a person-centred approach to programs and service delivery. This included the introduction of a membership structure and services like one-on-one consultations, the adaptive equipment library and camps for children, while still being responsible for wheelchair rugby and supporting AFL Wheelchair.

In 2019, we reviewed our strategic plan and focus to make sure our work, now and into the future, reflects the needs of all Victorians with disability. The time is right to create a movement for change where all individuals and organisations who believe in greater choice, access and participation in sport and recreation for people with disability are on board.

Images on pages 4 and 5 were supplied by Sandra Lucas.

Our vision, mission and values



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Our vision

A Victoria where all people with disability can choose and access any sport or active recreation they want to engage with.

Our mission

To provide and promote positive health outcomes for people with disability, through meaningful engagement in sport and active recreation.

Our values

We are friendly, accountable, open, respectful, appreciative and progressive.

Chairperson report

Over the past year, the Disability Sport & Recreation (DSR) Board and management team delivered a number of important structural and governance improvements while continuing to guide its response to the COVID-19 pandemic and effectively plan for the future.

After my first full year as Chair, I would like to thank each of our Board members for their role in guiding DSR through another challenging year in 2020-21. Despite various lockdowns, considerable progress has been made to progress both our organisation and our vision.

There was no change in directors this year with Shaun Whittaker being re-elected and continuing the role of Company Secretary. We are fortunate to have skilled and invested directors that truly believe in our movement. Thanks also to Suzanne Trimboli who joined the Finance Risk and Audit Committee in an advisory role.

From a governance perspective, a new constitution was developed and endorsed featuring a number of important improvements including consolidation of director types and

appointment procedures with a strengthening in the requirements for directors with lived experience of disability.

After financial losses in recent years it was pleasing to achieve a surplus in a difficult year where many programs and services were limited, largely thanks to significant support from various government grants and stimulus programs together with prudent financial management including a staffing re-structure.

While donations were lower, I wish to sincerely thank our loyal donors whose support allowed us to deliver a number of important programs during gaps in lockdowns or enabled us to pivot to online versions.

There is much to look forward to with construction commenced for our return to Kevin Coombs House in mid-2022 providing an expanded office and training environment with spaces for lease delivering important non tied revenue.

The vision in our Strategic Plan 2020-2025 has progressed with a greater voice for people with disability and the development of strategic alliances and partnerships with other key organisations towards a movement for the social change we seek to create.

As part of a policy and compliance review, new policies were developed and endorsed

including a Child Safe Standards Policy, Reasonable Adjustment Policy and a Disability Action Plan.

The staff award review progressed with external consultants regarding correct classifications and backpay which continued to be implemented.

The year has involved much change and I'm very proud of our agility and resilience to continue to serve our cause considering the challenges Victorians have faced.

I am very grateful to the board, CEO Richard Amon and the management team for their support so we can look forward to the future with renewed confidence and commitment, particularly with the building project and the significant funding achieved for the Working For Victoria project which will commence shortly.



Sarah Anderson
Chair



CEO report

Over the past year, DSR has continued to transform its operations and strengthen its alliances, achieving a number of significant outcomes despite the impact of COVID-19 at various stages. We remain strongly committed to supporting people with disability to achieve positive health outcomes through participation in sport and active recreation.

I thank the Board and its Chair Sarah Anderson, our staff, partners, donors, volunteers and members for their support as we strive to achieve important positive social change.

Despite the challenges of extensive periods in lockdown and reduced program delivery, we have progressed with a number of key projects and initiatives aligned to our Strategy including the development of a number of online resources.

The Cyclink project delivered online coaching resources as part of a disability cycling alliance with the University of Melbourne and other partners while our awards and festival were successfully delivered virtually.

A positive and engaging series of videos titled Show Us You Can Play showcased various DSR members and their involvement in sport featured on the Victoria Together platform. Many kept active via the DSR Active and This Girl Can online fitness videos, or the virtual sessions of the DSR kids hospital program. DSR TV and My Sport live featured inclusive sports content and the NDIS sports guide was upgraded for accessibility.

Some programs did proceed during breaks in lockdowns including the DSR kids summer camp and reduced wheelchair rugby and wheelchair AFL programs (with AFL Victoria).

Internally, we welcomed Andrew Walton as Project Officer for the Victoria Together project, Cara Thompson in a traineeship role, and Max Reilly as a casual rugby participation officer while farewelling Melanie Page, Anne King and Lyn Connor.

The implementation of a new CRM, board and staff SharePoint system and the Employment Hero platform has further improved the way we work and collaborate, contributing to the 'DSR Way'. Our communications have been strengthened with a new collaboration with an external contractor, The Brand Bar.

Important submissions were made as part of the Victorian Government's reviews for



its Active Victoria Strategy and the Access All Abilities program. It was pleasing for DSR to be an active contributor to a number of key working groups including the Get Active Kids Voucher scheme, the Victorian Active Living Alliance and the regular sector COVID-19 briefings.

Member engagement continued with a renewed focus on information sharing, collaboration and online services to strengthen our impact and effectiveness. We were also involved in over 20 initiatives supporting the sector for various programs and events. Membership has continued to grow to a total of 3,775 members that now includes 280 organisations.

I couldn't be prouder of the professionalism and resilience of staff who continued working from home effectively through part of the year as lockdowns continued. A heartfelt thanks goes to the thousands of people who have believed in what we do and provided us with the means to effect change.

A handwritten signature in black ink, appearing to read 'R. Amon', with a stylized flourish at the end.

Richard Amon
Chief Executive Officer

Strategic Plan 2020-2025

Creating a new vision

In March 2020 we released our new Strategic Plan for 2020-2025.

The plan was the result of a process that began in 2019, involving our Board and staff, in consultation with key stakeholders. In August 2019 we held a workshop that was crucial to the initial development of our plan and we are grateful to the individuals and organisations that gave us their valuable input.

Whether you are an individual with disability, a parent/carer, a health professional, a sports administrator or just a community member with a positive social conscience about equality and inclusion, this is your plan.

Our renewed vision is a Victoria where people with disability can choose and access any sport or recreation they want to engage with.

Leading a movement for change

Much like other movements around important social issues, we want to help create a 'movement' that encourages societal change.

This change will see **better choice and access** for people with disability, which leads to **increased participation** in sport and active recreation.

A voice for people with disability

A core element of our new strategic plan is to focus on understanding the many needs and goals of people with disability and those who care for, or support, them.

We can then support and work with sport and active recreation organisations and providers, and the broader community, to increase choice, access and participation.

Better choice

Our vision is a Victoria where people with disability have more sport and active recreation opportunities to choose from. They can make decisions, set goals and receive the support they need to meaningfully engage with the sport or active recreation opportunity they choose.

Better participation

Our vision is a Victoria where more people with disability will meaningfully engage with sport and active recreation as a direct result of increased choice and access.

Our primary focus is to increase physical activity, however, we recognise that participation may also include other types of engagement with sport and active recreation that deliver social and mental health benefits.

Better access

Our vision is a Victoria where more sport and active recreation opportunities will be accessible to people with disability by taking into consideration:

- physical access
- program design
- provider expertise and understanding
- cost
- equipment required
- time
- transport
- communication methods
- ease of finding information about opportunities.



Julie Kambouroopoulos

Getting active



Wheelchair rugby

Despite a range of restrictions to manage for much of 2020 and throughout 2021, we were extremely proud to still be able to deliver a number of programs for our Wheelchair Rugby Victoria program.

Protect Wheelchair Rugby Cup Season 2021

After a long layoff due to restrictions on community sport, we were very pleased to be able to deliver a successful season of the Protect Victoria Wheelchair Rugby Cup.

The eight-round season kicked off in late February at Aqualink Box Hill. This season was one of the closest contested seasons on record with many games going right down to the wire.

For the first time, the Grand final day was live-streamed via the My Sport live platform and was broadcast through the DSR TV channel.

This year Power House was able to take home the trophy with a 31-29 victory over Harlequins. It was a great result for Power House who finished the regular season in fourth place. In the playoff for third, Box Hill defeated Melbourne 37-31.

Tom Klein from Box Hill was awarded MVP of the season.

Wheelchair Rugby National Championships

This year, the National championships took on a new format. The competition was split into two divisions to cater for the elite as well as developing teams and athletes.

This event was crucial and for many athletes it was the first competitive opportunity that they had experienced in close to 18 months.

Victoria entered a team into each division this year and made up the majority of a third team that was to compete in division one.

In the days leading up to the competition, Victoria suffered a COVID-19 outbreak that forced us to rush our athletes into Queensland before border restrictions changed. We unfortunately also had a few athletes who were unable to travel due to having visited exposure sites.

The Victoria Protect Thunder team was able to compete in the division one competition and finally were able to attempt to defend their National Championship, a title they've held since 2019.

For the first time ever, we were thrilled that the event was live-streamed on Kayo Sports and Foxtel, providing many people who may not have seen the sport before, the opportunity to watch it live, and free.

After a competitive preliminary round, Victoria finished with two wins and two losses and found themselves in a semi-final play-off against Queensland.

Victorian eventually went down to Queensland 46- 52 and finished the competition in third place.

Ben Fawcett was awarded the best low point player of the championships.

Have A Go Wheelchair Rugby Program

To ensure that more individuals have the opportunity to experience the sport of wheelchair rugby, we developed a new entry level program for the program called 'Have A Go' Wheelchair Rugby, where we partnered with the City of Geelong to deliver the program out of Leisuretime Sport Precinct.

We have delivered four sessions of the program and have been very excited to see new participants trying the sport for the first time.

2021 has provided ongoing challenges in engaging with the broader wheelchair rugby community.

Constant changes in restrictions to public gatherings, community sport and venue closures due to the pandemic made it very difficult to plan with certainty.

Some programs and initiatives that have occurred in 2021 are as follows:

- Wheelchair Rugby Victoria Community and Stakeholder BBQ held in March 2021
- Royal Talbot Rehabilitation Development program recommenced in June 2021
- Echuca regional development program recommenced
- Paralympic Multi Sports day held at Melbourne Sport and Aquatic Centre (MSAC)

We also were proud to support the activation of three of our partner, SOLVE Disability Solutions' Inclusive Sports days which were held in Geelong, Ballarat, and the Mornington Peninsula.

New Strategic Plan (Wheelchair Rugby Victoria)

We are extremely proud to have developed a strategic plan for our Wheelchair Rugby Victoria program which will provide guidance on the direction of the sport, over the next three years. We look forward to releasing this strategy shortly for our community and are very grateful to the stakeholders and players who provided feedback in its development.



Joep Buijs

We also want to thank LUER Pty Ltd for their generosity in supporting us in developing this strategy and to The Victorian Government for their funding to complete this project.



85 players took part in our wheelchair rugby program

AFL Wheelchair

In 2020, due to the pandemic, the traditional Robert Rose Victorian Football League was cancelled and the 2020 Toyota National AFL Wheelchair Championships which were due to be held in Hobart was also postponed.

In order to re-engage AFL Wheelchair athletes, the Victorian Wheelchair Football League Lightning Carnival was delivered from November - December 2020 instead of the traditional match format. This series of games focussed on back-to-back games over just a few weeks, providing new players that may not have played the sport prior the opportunity to get game time and develop.

After some competitive rounds St Kilda Football Club's AFL Wheelchair side was the premiers, beating Essendon Football Clubs AFL Wheelchair team in the Grand Final 6.5 (41) to 4.3 (27).

In May 2021 after a long lay off, the Robert Rose Foundation Victorian Wheelchair Football League resumed with a series of matches played until the competition was postponed due to community and competitive sport restrictions in place, again as a result of the pandemic. The 2021 season will be concluded later in 2021.

We continue to support AFL Victoria with the governance, operations and promotion of the

sport and in 2021, also began to support the Blind AFL program.

A huge thank you to everyone involved in making the 2020/21 season happen, including AFL Victoria, the Robert Rose Foundation, Richmond FC, Hawthorn FC, Collingwood FC, St Kilda FC, Essendon FC, Boroondara Sports Complex and YMCA Victoria.



55 players took part in our AFL Wheelchair program



Nerissa Byrne

DSR Kids

Winter camp

Due to the COVID-19 pandemic we were unable to deliver our planned DSR Kids Winter Camp in 2020. However, significant planning was undertaken to allow the camp to proceed successfully in July 2021.

Autumn camp

In early May 2021, we took 11 children with disability, aged between eight and 15, to YMCA's all accessible venue Camp Manyung. We were thrilled to be able to deliver our flagship program once again.



Highlights of the weekend included the giant swing, archery, making pizzas and tree rolling (which is a high ropes course using an accessible aid).

Our Autumn camps have an aim to develop leadership skills and provide our participants with an opportunity to improve their independence and social skills while building their confidence to try new activities.

This year we had an increased focus on team building and discovered the leadership activities to be of great benefit to the attendees.

Thank you to YMCA Victoria for working with us to make this camp so special.

All the wonderful memories made on our Autumn and Winter camps wouldn't be possible without the support of our very generous donors who enable us to offer our camps at a hugely subsidised cost.

A big thank you to our experienced nurses, allied health and support workers who generously volunteer their time and go above and beyond to make sure each participant is

cared for and gets the most out of their camp experiences. This year we also had an ex participant who came back as a mentor which we hope will be the start of ongoing mentor participation.

“Lily was able to challenge herself trying new activities & things she didn't think she could do before going on camp. It was also a great experience for Lily to be independent from her family, especially Mum who she relies on so heavily.

Lily was really happy when she returned after the camp. She had made some new friends & enjoyed sharing her news & showing us photos of what she had been able to do.

It was also a great opportunity for Lily's twin sister to have some very rare one on one time with Mum.

Josie, Lily's Guardian



Our Girls came back super excited, Tori had made a new friend and wanted to connect online and hopes to see each other again. Liz was super excited to tell me about how inclusive camp was given some of the others needed much more physical and behavioural supports.

Kids can't wait to attend next camp as this was first camp they have been to that's not school related. They spoke of new activities they were able to experience also.

Simone, Liz and Tori's Guardian



Tim Chiu

It is a learning curve for us as parents to learn to 'let go', trusting our boy will be in good hands and have a great time. For our boy, we think he learned to communicate and interact with others without always having parents or people who already knew him. ”

Pauline, Nathan's Guardian



Hospital program

In 2020, as a result of COVID-19, we began working with the Victorian Paediatric Rehabilitation Service at the Royal Children's Hospital to explore new ways of delivering the program in 2021 and the potential for online education sessions.



20 kids went on our autumn and winter camps



43 kids participated in our hospital program

Education

WheelTalk

Our WheelTalk inclusion and awareness program encourages school students to think about diversity, acceptance and disability - with a primary focus on inclusion.

Presented by Victorians with disability who are actively involved in sport and recreation, WheelTalk combines unique stories of lived disability with the opportunity to experience wheelchair or another disability sport.

Our number one responsibility during WheelTalk is to always make sure we have a safe working environment for both our WheelTalk presenters and students. As such, we have prepared comprehensive plans that will adhere to COVID Safe protocols, when school incursions become possible again.



Working in the community

Casey Disability Sport and Recreation Hub

In July 2019, VicHealth awarded us funding as part of their Innovation Challenge.

The funding allowed us to work in partnership with YMCA Victoria to realise our concept of the Casey Disability Sport Hub (the Hub).

Due to the pandemic, this project had to change but our vision continues and that is to create multiple hubs across Victoria supporting people with disability to be more active and connected.

DSR Online Active

Thanks to the funding of VicHealth we were able to deliver a new series of free short workouts that our members could do at home, introducing them to new sports in the process.

Six sessions were delivered with 40 participants, with the videos hosted on our DSR TV channel and promoted across various social media platforms.

Thank you to our program partners Table Tennis Australia, Hockey Victoria, Special Olympics Australia, Gymnastics Victoria, Tenpin Bowling Victoria and Bowls Victoria for your support in delivering this program.

We hope to deliver more DSR Online Active sessions in the future.

This Girl Can - Upper body accessible workout

We loved working with VicHealth to develop a fun, 30 minute upper body accessible workout that was presented by DSR members Alexandra Gale-Grime and Elise Muller, this workout was released as part of the This Girl Can - Get Active @ Home series.

Thank you to Special Olympics Australia for your support in ensuring that this workout was sensory friendly and accessible.

All Of Me Series

We recognise the importance of being a truly inclusive and intersectional organisation and in 2020/21 we partnered with Proud 2 Play to deliver the 'All of Me Speaker Series'. Over a week and a half we delivered 3 sessions addressing the intersections of LGBTQIA+ people living with disability and their experiences in sport and recreation.

Each session featured an interactive question and answer session. We thank Grant Maynard, Irena Farinacci and Margherita Coppolino for their support and involvement in the sessions. Thank you to the Victorian Government for their funding of this project.



CHAIN Program

In 2020/21 we partnered with the University of Melbourne to create an online training program called Cycling through Health-coaching, Adaptation, Inclusion and Supportive Networks (CHAIN).

CHAIN is a self-paced online cycle training program which explores ways to include, support and adapt cycling for children and youth with disability or “riders” in the community.

We managed the establishment and steering of a project control group including state sporting associations, disability providers and other researchers.

We thank the following organisations for their active involvement in this alliance including the Monash Children’s Hospital, SOLVE Disability Solutions, Special Olympics Australia, Bicycle Network, AusCycling, Triathlon Victoria, Kids Plus Foundation, Leisure Networks and Inclusive Sports Training.

From April 2021 - October 2021, the pilot program will be able to be completed by the practitioners who lead cycle interventions in Victoria - physiotherapists, occupational therapists, teachers, cycling coaches, sport and recreation practitioners.

This project was funded by The Victorian Government and we thank Dr Rachel Toovey and John Carey for their dedicated work to this project.

Show Us You Can Play

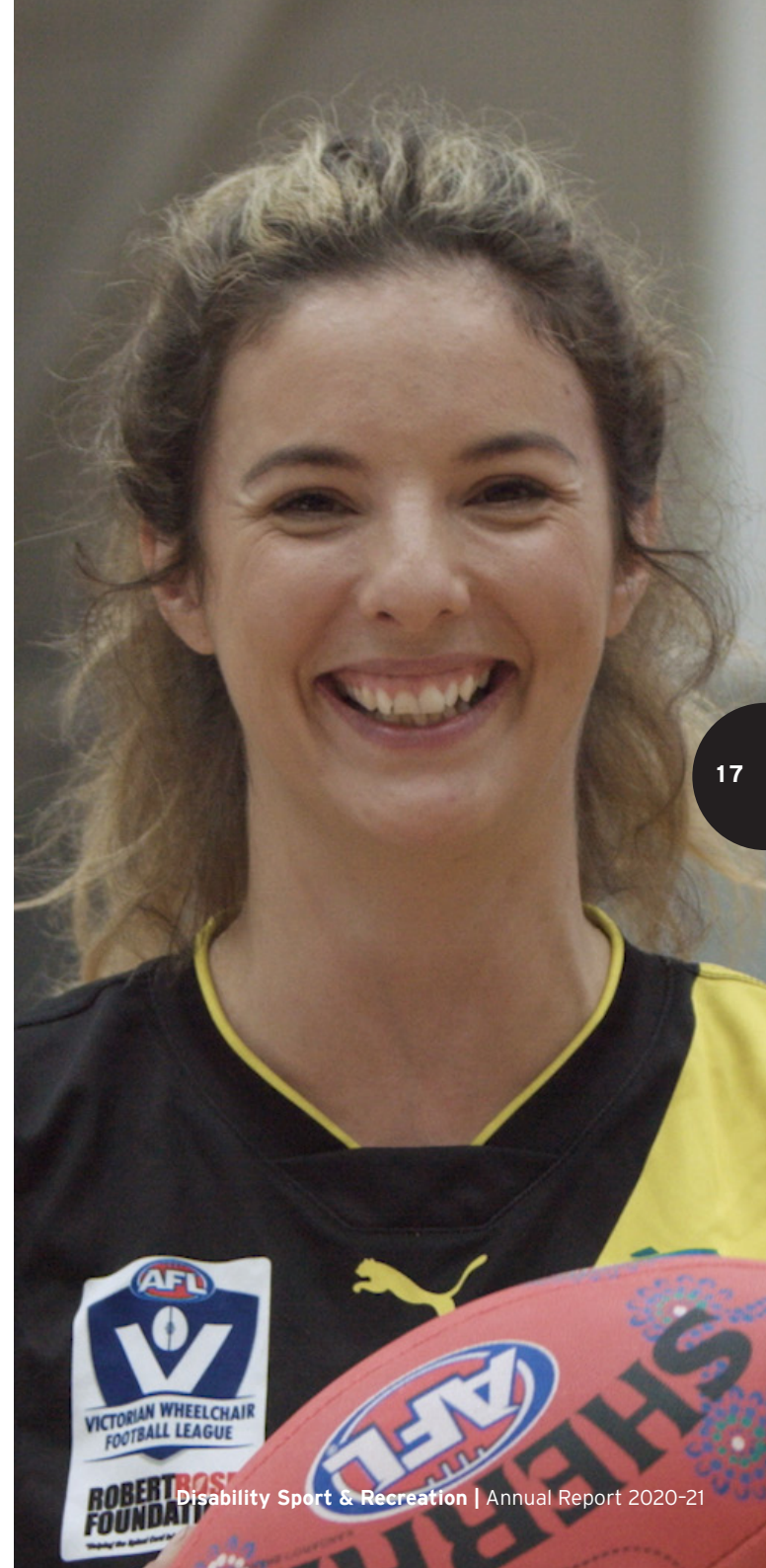
In 2020/21 we also were funded by The Victorian Government’s commissioning program Victoria Together, to create the Show Us You Can Play! Series. Six episodes were filmed with each demonstrating how important education, inclusive attitudes and mindset can be.

Show Us You Can Play! launched in April 2021 and featured athletes from sports such as AFL wheelchair, powerchair sports, lawn bowls, calisthenics, wheelchair rugby, blind cricket and blind football (soccer).

This series was living proof that participating in sport and recreation is possible for all Victorians, and was followed by an interactive campaign that encouraged our members to upload their own videos demonstrating how they have been active during the extended lockdown.

My Sport Live and DSR TV

Over the course of the year, we built on our partnership with My Sport Live to deliver DSR TV.





As part of the partnership, we host a disability sport TV channel on our website that covers a number of sports and events, providing huge exposure to the wider community around what's possible, and available, for people with disability.



Whilst there were limited opportunities available to broadcast events, we did live-stream a special Blind Tennis Tournament in the lead up to the State Championships hosted by Blind Sport and Recreation Victoria.

We also live-streamed our 2020 Disability Sport and Recreation Awards on the platform.

We were involved in a variety of initiatives supporting the sector including:

- Vicsport Innovation lab - City of Greater Dandenong
- Local Government Inclusive Network
- Western Bulldogs Community Foundation - Diversity & Youth Safety and Quality Advisory Group
- Hobsons Bay Community Fund Inclusion in Sport Project
- Swimming Victoria Diversity and Inclusion Advisory Committee

- Virtual Y Research Ideation Workshop
- Wheelchair Basketball State Round Table
- National Sport Convention - Targeting Specific Communities to Encourage an Inclusive Approach
- Victorian Paediatric Rehabilitation Service - Thinking Seriously About Fun
- Get Active Kids Voucher Working Group
- Wynopoly All Abilities Initiative
- Sport COVID Catchup - Vicsport
- Geelong Indoor Stadiums Development-consultation
- Vicsport Connect and Support Network
- Autism Awareness Day - Sport and Recreation Victoria
- Marvel Stadium Accessibility Upgrade - consultation
- DSR Access and Inclusion Think Tank
- 'Living Your Best Life' workshop
- Regional Sport Assembly Parasport project



2020 Victorian Disability Sport and Recreation Festival

Our 2020 Victorian Disability Sport and Recreation (VDSR Festival) looked slightly different in 2020. We were very pleased to be able to deliver the same event that we normally would but virtually. The event was held over two days on Friday 4 December and Saturday 5 December 2020.

We were humbled to have The Hon. Ros Spence MP, Minister for Community Sport and the CEO of VicHealth Sandro Demaio attend our official opening for the event.

A total of 39 exhibitors and activity providers created a welcoming and engaging online environment for our VDSR Festival visitors.

Each exhibitor was responsible for recording a new video that they would be able to use going forward.

This event was supported by VicHealth and The Victorian Government.

In addition to the exhibitors, we ran a number of interactive sessions including:

- Industry panel: the future of the disability sport and recreation sector
- AAA Play ambassador session
- Connect with Victorian regional sport
- Getting active with the NDIS
- Paralympic pathways.





VICTORIAN DISABILITY
SPORT & RECREATION
FESTIVAL

2020 Victorian Disability Sport and Recreation Awards

The annual Victorian Disability Sport and Recreation Awards (VDSR) Awards recognise the achievements of people with disability, those who support them and the inclusive sport and recreation sector in Victoria.

It's an opportunity to celebrate the athletes, volunteers, officials, coaches, clubs, communities, venues and programs that enable and empower people with disability to get active and achieve their goals.

The 2020 VDSR Awards also looked slightly different and was held completely virtually on Thursday 3 December 2020, a fitting celebration for International Day of People with Disability. We were fortunate to have our keynote for the event delivered by Andrew Edmonson, a member of the Australian Wheelchair Rugby team.

The outstanding nominations received always makes selecting the finalists a difficult decision, with these Awards being no different, particularly as the number of nominations this year increased by 33%. Disability Sport & Recreation invited 13 highly qualified judges from the sector and charged them with assessing the winners across the 11 award categories.

This event was supported by the Victorian Government, My Sport Live, the Carbine Club, Victorian Responsible Gambling Foundation and Box Hill Institute.



Our 2020 Winners

Lifetime Achievement

Timothy Chiu - DSR Kids recreational camps

Female Sportsperson of the Year

Phoebe Mitchell - swimming

My Sport Live Male Sportsperson of the Year

Clint Pickin - para triathlon

Marg Angel Junior Sportsperson of the Year

Georgia Powning - athletics

Masters Sportsperson of the Year

Duke Trench-Thiedeman - para badminton

Carbine Club Team of the Year

Geelong Swimming Club

Coach of the Year

Sadat-Jon Hussain - swimming

Official of the Year

Tony Warland - tennis

PwC Volunteer of the Year

Caytlyn Sharp - athletics

Initiative of the Year

Access Key Project (Access Ability Australia)

Inclusive Sport, Recreation or Open Space Infrastructure

Casey Stadium (City of Casey and YMCA Victoria)

A huge thank you to our panel for assessing the award nominations:

Amanda Lawrie-Jones

Member - Victorian Disability Advisory Council

Anne Marie Harrison

CEO - Victorian Institute of Sport

Dr Bridie O'Donnell MBBS

Director - Office for Women in Sport and Recreation

Dean Barton-Smith AM OLY

Former Olympian, Barton-Smith Enterprises

Maurice Gleeson OAM

President - Blind Sports and Recreation Victoria

Dr Pam Kappelides

Lecturer - La Trobe University

Richard Simon

Executive Officer Vic/Tas Region - Parks & Leisure Australia

Tim Burke

Former Director, Participation and Sector Development - Sport and Recreation Victoria

Tom Dixon

Participation Strategy Manager - Vicsport

Robyn Smith

CEO - Sport Inclusion Australia

Dr Sandro Demaio

CEO - VicHealth

Tessa de Vries

Institute Manager - Melbourne Disability Institute

Wade Mackrell

Former Executive Manager, Business Development - YMCA Victoria



Our supporters

For over 55 years, we've been able to help Victorians with disability get active thanks to the generous donations and support of the Victorian community.

Thank you to our partners, sponsors, individual and business donors for sharing our vision of a community where there is improved choice, access and participation for people with disability who want to take part in sport and recreation.

We especially thank our major donors:

- Collingwood Rotary Club
- Brian M Davis Charitable Foundation
- The Carbine Club

Our members

In January 2021, we carried out our annual member survey to seek feedback from our members with disability.



The results showed that 80% of our members with disability are physically active and 60% of those people are active a few times a week.

The survey indicated that some of the reasons our members can't take part in sport or recreation include transport problems, lack of motivation, awareness of what activities are available, negative attitudes from other people and accessibility.

We loved reading about the creative ways our members had taken part in sport and

recreation activities online, such as with virtual classes.

We have begun a process of reviewing and improving our member communication processes and look forward to engaging with members in a more meaningful way over the coming year.

1,944
individual
members

1,551
associate
members

280
organisation
members

Our staff

Richard Amon

Chief Executive Officer

Ayden Shaw

Manager Programs & Events

Kris Paproth

Fundraising, Marketing & Communications

Michelle Ryan*

Sports Accounting Australia

Kate Wells*

Sports Accounting Australia

Jason Lees

Wheelchair Rugby Coordinator

Megan Stevens

Project Officer, Casey Disability Hub

Anne King

General Manager Corporate Services (part)

Melanie Page

Manager Communications and Events (part)

Lyn Connor

Administration and Membership Officer (part)

Our WheelTalk presenters

Gary Connor*

Brendan Stroud*

Orfeo Ceconato*

Peter Ogunyemi*

Judeland Antony*

Sam Bramham OAM*

Our fundraising team

Bruce Ellwood

Team Leader

Tina Pangallo

Senior Supervisor

Laurette Corteling

Barbara Dixon

Denise Gedye

Helen Sorensen

Trevor Warne

Our Board

We thank the DSR Board of Directors for their commitment and support.

Sarah Anderson

Chairperson - Appointed 2019

Sheri Johnston

Treasurer - Appointed 2018

Shaun Whittaker

Secretary - Appointed 2017

Madeleine Hogan

Director - Appointed 2018

Liz Tesone

Director - Appointed 2019

Stuart Ewin

Director - Appointed 2013

*Contractor



Our community

Community engagement is an important way for our organisation to reach new audiences and increase awareness around disability and inclusion.

Over the past year, we have taken part in different 'come and try' events and demonstrations, and taken our core programs into different spaces.

Throughout the year our community sports activations included demonstrations or come and try activities at:

- Paralympic Australia- Multisport Get Involved Day
- Wyndham City AFL Wheelchair Event
- Glen Eira City Council's Paralympic Sport day
- Hawthorn AFL Wheelchair 'Come and Try'

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Our volunteers

Our exceptional volunteers, and university student placements are an integral part of DSR and our ability to offer high quality events and programs. It also enables our organisation to offer a pathway to meaningful employment.

Over the past year we've had 10 (excluding festival and awards) volunteers help make our events, including our virtual festival, a success! They have also supported us in important program areas like our DSR Kids camps.

Our volunteers range from event team leaders, to nurses and carers, to social media support and photographers. Without our volunteers we would not be able to take our athletes interstate.



10 volunteers were engaged in roles across our organisation

Fundraising

DSR would firstly like to acknowledge the generosity and loyalty of our donors over the past 12 months.

We know all Victorians have a great spirit and sense of togetherness and we can't thank all of our supporters enough for how they've rallied behind DSR especially during these challenging times.

The support we received meant that we were able to hit the ground running as soon as restrictions eased and get back to providing many of our meaningful programs and services including:

- Hosting our DSR Kids Autumn and Winter Camps
- Running our Hospital Program at the Monash Children's Hospital and Royal Children's Hospital. This allowed a number

of young Victorians with disability learn about the different activities and sports they can take part in when they finish rehabilitation

- Showing thousands of Victorians with disability that getting physically active is for everyone at our annual VDSR Festival.

Over the course of the previous 12 months DSR embarked on a new fundraising strategy which identified the need to diversify the way we fundraise and continue to reduce fundraising costs.

Direct Mail

DSR launched our inaugural Christmas appeal which was sent to lapsed donors and supporters seeking support which would allow us to launch our Mental Health First Aid (MHFA) program which aimed to increase awareness and support mental health for people with disability.

The response we received was overwhelming which allowed DSR to launch the MHFA program in Q3, 2021.

We'd also like to thank Elise who was our campaign champion and graduated from being a DSR Kids program member to now become our inaugural MHFA participant.

Regular Giving

A significant pillar in the new fundraising strategy was to build sustainable income channels that most importantly kept operating costs low, this resulted in DSR launching our Regular Giving program which saw over 300 donors sign up to make a monthly contribution from either their credit card or bank account.

We were overwhelmed and incredibly grateful with the level of support we received from donors who decided to be a part of this program, which will now contribute approximately 15% of all donations received per annum.





“ As a donor of over 30 years to DSR, becoming a member of their Regular Giving Program is the simplest and most convenient way to contribute to a cause that's close to my heart. ”

Richard C (RG donor)

Single Gift

Single gift income continued to remain at a strong level despite the impact of COVID-19 affecting households and businesses.

We also saw many of our lapsed donors rally behind DSR and return to making regular contributions which was a fantastic show of support.



Adam McKay

Our reach



2,055
Twitter
followers



2,213
Instagram
followers



6,550
Facebook
likes



1,975
LinkedIn
followers



7,314
people subscribe
to our e-newsletter
Vortex

Financial Position

as at June 2021

Assets

\$

Current assets	568,875
Property, plant and equipment	6,390,950
Total assets	6,961,825

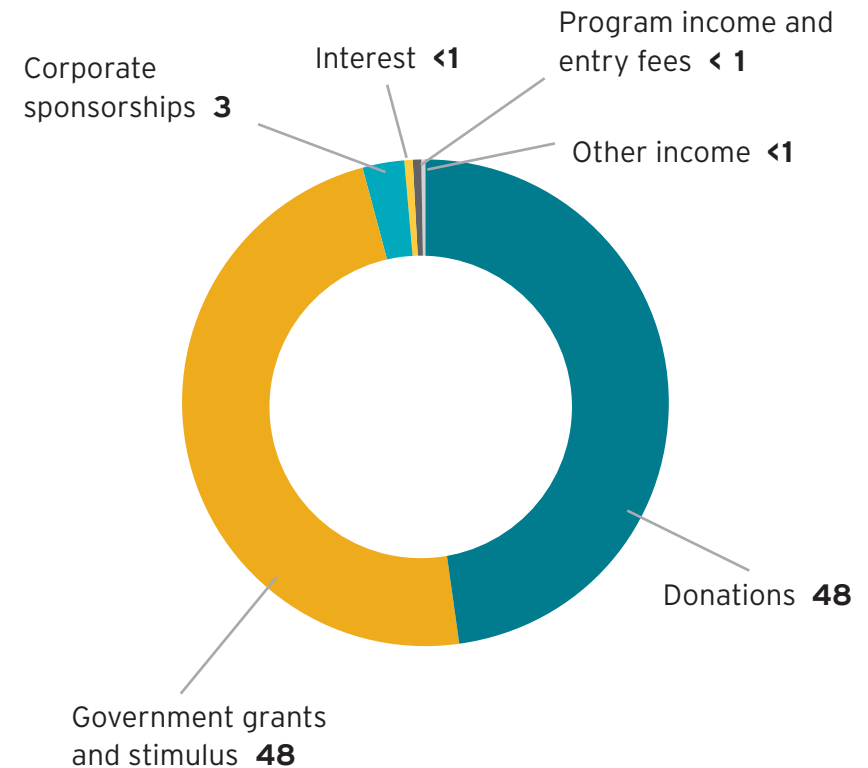
Liabilities

Payables	344,114
Provisions	165,047
Non-current liabilities	11,689
Total liabilities	520,850

Net assets

6,438,975

Sources of income 2020-21



Income

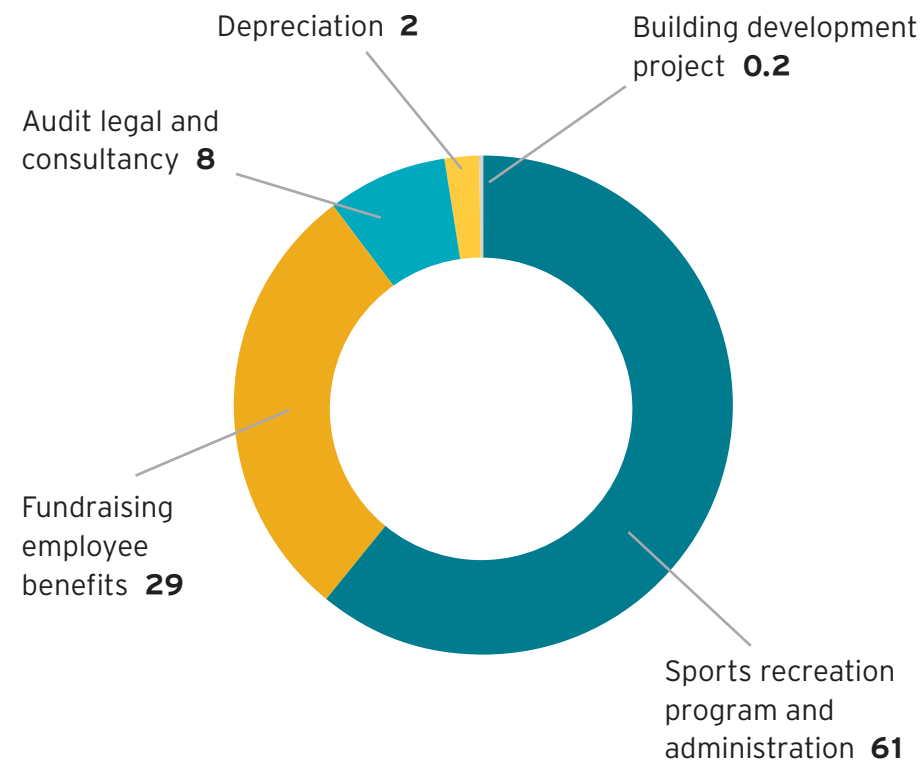
\$

Donations	641,028
Corporate sponsorships	42,591
Government grants	159,500
Government stimulus	483,967
Program income and entry fees	6,416
Interest	304
Other income	7,648
Building development project income	-
Total income	1,341,454

Expenditure

Audit legal and consultancy	102,802
Depreciation	30,334
Fundraising employee benefits	359,309
Sports recreation program and administration	760,470
Building development project expenses	3,000
Total expenditure	1,255,915
Net profit	85,539

Expenditure 2020-21



Our key partners



CITY OF MELBOURNE





EST 1885





DISABILITY SPORT
& RECREATION

Disability Sport & Recreation

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Collingwood VIC 3066

P: 03 9473 0133

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Victoria Fundraising Permit 10566.15